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fitness
your way™
by Tivity Health



Here to help you live well with Choices by WholeHealth Living®

No matter where you are in your health journey, as a Fitness Your Way member you have Choices by WholeHealth Living. Supporting your health goals with discounts¹ on a variety of products and services.

Choices by WholeHealth Living is here to help support your health goals and maintain your health gains at a reduced cost.

Access the Choices by WholeHealth Living online marketplace when you enroll in Fitness Your Way. Discounts are sent directly to your email.

You can also utilize discounts for a nationwide network of practitioners including chiropractic care, acupuncture, massage, naturopathy, and more.¹



Learn more at www.blue365deals.com/fyw to enroll in Fitness Your Way and gain access to Choices by WholeHealth Living today!

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1. Tivity Health, Inc. and its affiliates do not employ, own or operate third-party service providers. Services and, if applicable, discounts are subject to the terms and conditions of such third party providers. Check with the provider for details.

Important Disclosures: as part of the Fitness Your Way by Tivity Health program (the "FYW program"), Members are provided with access to a network of participating third-party practitioners who offer discounted integrative health services including, but not limited to, chiropractic, acupuncture, massage/body work services ("integrative health services"). The FYW program is not insurance. The FYW program membership fee ranges from \$19 – \$99 per month, plus applicable sales taxes. Discounts vary per practitioner. The FYW program member must pay for integrative health services, but will receive a discount from the practitioner. The network for the integrative health services practitioners is not currently available to residents of California, Connecticut, Delaware, Indiana, Louisiana, Montana, Nebraska, New Hampshire, Nevada, Oklahoma, Oregon, Rhode Island, South Carolina, South Dakota, Utah, Washington or West Virginia. Please visit www.whlchoices.com for a complete list of practitioners available in member's state of residence. The Choices program is provided by WholeHealth Living, inc., with a mailing address of: ATTN: WholeHealth Living, 1445 S. Spectrum Blvd, Chandler, Arizona 85286.

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Blue365 offers access to savings on health and wellness products and services and other interesting items that Members may purchase from independent vendors, which are not covered benefits under your policies with your local Blue Company, its contracts with Medicare, or any other applicable federal healthcare program. These products and services will be offered to you through the entire benefit year. During the year, the independent vendors may offer additional discounts on these products and services. To find out what is covered under your policies, contact your local Blue Company. The products and services described on the Site are neither offered nor guaranteed under your Blue Company's contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding your health insurance products and services may be subject to your Blue Company's grievance process. BCBSA may receive payments from vendors providing products and services on or accessible through the Site. Neither BCBSA nor any Blue Company recommends, endorses, warrants, or guarantees any specific vendor, product or service available under or through the Blue365 Program or Site. Tivity Health Services, LLC is an independent vendor that provides solutions to improve health and well-being. Fitness Your Way and Tivity Health are registered trademarks of Tivity Health, Inc. The Fitness Your Way logotype is a trademark of Tivity Health, Inc. 2023 Tivity Health, Inc. All rights reserved. Blue Cross, Blue Shield, Blue365, and the Blue Cross and Blue Shield logos are registered trademarks of the Blue Cross and Blue Shield Association. B365-4027_1022